



Music Moves Summer

Your child will love singing, dancing and playing instruments. You'll love seeing your child grow and blossom, knowing that they are being nourished by music and movement activities that are specifically designed to meet their cognitive and overall developmental needs.

Calavera Hills Community Park: Open Space

Instructor: Lisa Megrditchian

Age: 2M - 4Y

| CLASS# | TIME | DAYS | DATE | TERM | R/NR FEES |
|--------|---------------|------|-------------|------|-----------|
| 57176 | 9:00-9:45am | F | Jun 7-Jul 5 | 5c | \$74/\$84 |
| 57177 | 10:00-10:45am | F | Jun 7-Jul 5 | 5c | \$74/\$84 |

Calavera Hills Community Center: Activity Room

| | | | | | |
|-------|---------------|---|---------------|----|-----------|
| 57178 | 9:00-9:45am | F | Jul 26-Aug 23 | 5c | \$74/\$84 |
| 57179 | 10:00-10:45am | F | Jul 26-Aug 23 | 5c | \$74/\$84 |

Stagecoach Community Center: Activity Room

Instructor: Lisa Megrditchian

Age: 2M - 4Y

| CLASS# | TIME | DAYS | DATE | TERM | R/NR FEES |
|--------|---------------|------|-------------|------|-----------|
| 57180 | 10:45-11:30am | M | Jun 3-Jul 1 | 5c | \$74/\$84 |
| 57182 | 10:30-11:15am | Tu | Jun 4-Jul 2 | 5c | \$74/\$84 |

Stagecoach Community Park: Open Space

| | | | | | |
|-------|---------------|----|---------------|----|-----------|
| 57181 | 10:45-11:30am | M | Jul 15-Aug 19 | 6c | \$89/\$99 |
| 57183 | 10:30-11:15am | Tu | Jul 16-Aug 20 | 6c | \$89/\$99 |

More Music Moves

More fun with Music Moves! Parents watch on the sidelines as your child actively learns to move to the music. They will learn to imitate rhythm/tonal patterns, sing, dance, play instruments, and incorporate pretend-play into music activities. Once again, you'll love seeing your

child grow and blossom, knowing that they are being nourished by music and movement activities that are specifically designed to meet their cognitive and overall developmental needs. Build-n-take musical instrument may be included.

Stagecoach Community Center: Activity Room

Instructor: Lisa Megrditchian

Age: 3Y - 5Y

| CLASS# | TIME | DAYS | DATE | TERM | R/NR FEES |
|--------|-----------------|------|-------------|------|-----------|
| 57184 | 11:30am-12:15pm | Tu | Jun 4-Jul 2 | 5c | \$74/\$84 |

Stagecoach Community Park: Open Space

| | | | | | |
|-------|-----------------|----|---------------|----|-----------|
| 57185 | 11:30am-12:15pm | Tu | Jul 16-Aug 20 | 6c | \$89/\$99 |
|-------|-----------------|----|---------------|----|-----------|

NEW Youth Chess

Beginner

Beginner chess is geared for Kindergarten-2nd Graders. Children will learn how to play chess, piece movement and value in a fun colorful way. A Giant Chess Board as well as standard size chess boards are used throughout the course to ensure a fun learning environment.

Calavera Hills Community Park: Picnic Area 2

Instructor: Joe Prussack

Age: 5Y - 7Y

| CLASS# | TIME | DAYS | DATE | TERM | R/NR FEES |
|--------|--------------|------|----------|------|-------------|
| 57225 | 9:00-10:00am | M-F | Jul 8-12 | 5c | \$120/\$130 |

Advanced

Advanced chess is geared for 3rd-6th Graders. Children will learn about different chess strategies, checkmates, and principles in a fun colorful way. A Giant Chess Board as well as standard size chess boards are used throughout the course to ensure a fun learning environment.

Calavera Hills Community Park: Picnic Area 2

Instructor: Joe Prussack

Age: 8Y - 13Y

| CLASS# | TIME | DAYS | DATE | TERM | R/NR FEES |
|--------|---------------|------|----------|------|-------------|
| 57226 | 10:00-11:00am | M-F | Jul 8-12 | 5c | \$120/\$130 |

Watercolor Greeting Cards

Express yourself by creating easy to do watercolor greeting cards. This course will get the beginning watercolorist's feet wet and challenge the more advanced painter to create new and original cards. Materials not included. Materials list will be provided by emailing your request to bgleason@miracosta.edu. Drawing not required.

Calavera Hills Community Center: Meeting Room 2

Instructor: Bonnie Gleason

Age: 12Y and up

| CLASS# | TIME | DAYS | DATE | TERM | R/NR FEES |
|--------|-------------|------|-------------|------|------------|
| 57189 | 1:00-3:00pm | Sa | Jun 1-Jul 6 | 6c | \$90/\$100 |

Oriental Sumi-e Painting

This unique, ancient art form utilizes specialized painting techniques handed down from one Japanese Master to another through the centuries. Artists use rice paper, sumi-e ink, ink stone and brushes. Sumi-e painting is characterized by the use of fundamental brush strokes based on simple lines and dots. Materials not included. Materials list available at any Community Center.

Harding Community Center: Multi Purpose Room

Instructor: Kiyoko Messenger

Age: 14Y and up

| CLASS# | TIME | DAYS | DATE | TERM | R/NR FEES |
|--------|--------------|------|---------------|------|-----------|
| 57187 | 9:45-11:45am | F | Jun 21-Jul 26 | 6c | \$53/\$63 |
| 57188 | 9:45-11:45am | F | Aug 2-Sep 6 | 6c | \$53/\$63 |

Dog Obedience

Improve your relationship and have more control over your dog by understanding how dogs learn. Get solutions to manage house training, digging, chewing, barking, jumping and other behaviors. Dogs must be 4 months old and current on all shots. Participants between ages of 12-16 years must be accompanied by an adult. Please bring a collar and non-retractable leash.

Senior Center: Parking Lot, West

Instructor: Pacific Coast Canine

Age: 16Y and up

| CLASS# | TIME | DAYS | DATE | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|------------|
| 57396 | 6:00-7:00pm | W | Jul 17-Aug 21 | 6c | \$95/\$105 |

NEW Meditation Basics and Stress Management

Got stress? Need more peace? This class is sure to help! Gain fundamental knowledge about meditation and stress management, while you regain balance and re-energize your mind, body and spirit. This comfortable, yet interactive class is suitable for all levels, and can fit within any faith or lifestyle. Learn various meditation, chakra toning, and breathing exercises that you can do anytime/anywhere to release stress and invite more peace and happiness into your daily life.

Calavera Hills Community Center: Activity Room

Instructor: Shephali Bhatt

Age: 16Y and up

| CLASS# | TIME | DAYS | DATE | TERM | R/NR FEES |
|--------|-------------|------|---------------|------|-------------|
| 57175 | 6:00-7:00pm | W | Jul 10-Aug 21 | 7c | \$289/\$299 |

Brain HQ

Built by a team of top neuroscientists, Brain HQ uses exercises proven in dozens of published studies that make real and lasting improvements in brain function. Just as physical exercise improves the body – brain exercise can help improve focus, hone memory skills and challenges your brain – in easy, two-week sessions. It's your personal brain gym!

Senior Center: Computer Room

Instructor: Thomas Collins

Age: 50Y and up

| CLASS# | TIME | DAYS | DATE | TERM | R/NR FEES |
|--------|-------------|------|-----------|------|-----------|
| 57012 | 8:00-9:30am | M-F | Jun 3-14 | 10c | \$25/\$35 |
| 57013 | 8:00-9:30am | M-F | Jun 17-28 | 10c | \$25/\$35 |
| 57014 | 8:00-9:30am | M-F | Jul 8-19 | 10c | \$25/\$35 |
| 57015 | 8:00-9:30am | M-F | Aug 5-16 | 10c | \$25/\$35 |
| 57016 | 8:00-9:30am | M-F | Aug 19-30 | 10c | \$25/\$35 |

Ceramics 101 for Adults

Whether you're a beginner or a continuing student, our instructor will work with you at your own level. After your first class, you'll have made your own handmade piece of pottery; flower pots, teapots, platters, bowls, whatever you choose! See how everything tastes better in dishes you've made yourself! Each student will have the option to use free studio time on Friday afternoons. Drop in \$15. Materials fee extra.

Senior Center: Arts Studio

Instructor: TBA

Age: 50Y and up

| CLASS# | TIME | DAYS | DATE | TERM | R/NR FEES |
|--------|--------------|------|-----------|------|-----------|
| 57392 | 9:30-11:30am | W | Jun 5-26 | 4c | \$48/\$58 |
| 57393 | 9:30-11:30am | W | Jul 10-31 | 4c | \$48/\$58 |
| 57394 | 9:30-11:30am | W | Aug 7-28 | 4c | \$48/\$58 |

Fun with Watercolors!

Learn the basic elements of painting: color, washes, value, techniques and creating a great composition. We will have six weeks of different subjects. Each class begins with a demonstration and includes a color reference photo for transferring onto watercolor paper. Tackle something new and enjoy this beautiful art medium. Drawing not required.

Senior Center: Arts Studio

Instructor: Bonnie Gleason

Age: 50Y and up

| CLASS# | TIME | DAYS | DATE | TERM | R/NR FEES |
|--------|--------------|------|---------------|------|------------|
| 57007 | 9:30-11:30am | Th | Jun 13-Jul 25 | 6c | \$90/\$100 |

Sign up 

New classes, events and fun
delivered right to your email

www.carlsbadca.gov/parksandrec